# Forest Hill T-Ball Association



2019

T-Ball Handbook

#### **SPONSORS**

Sportco
Forest Heights Community Association
(FHCA)

#### **Forest Hill T-Ball Contacts**

Laura Harrington - President

David Sousa - Vice President/Equipment Manager

Cindy Murray - Secretary

Karen Downes - Marketing

Lisa Chow - Past President

Marie-Helene Colaiezzi – Director

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To reach any of the contacts, please email office@foresthilltball.com

If we have missed anyone, we are sorry but we have deadlines to meet for printing.

Please check FHTBA web site for a complete listing of our sponsors.

### **Code Of Conduct**

#### **HOW TO BE A FAN AT A T-BALL GAME**

It is the goal of FHTBA to provide a safe and secure environment for our players, umpires and coaches free of any demeaning or abusive behaviour, verbal or otherwise, on the part of spectators at the ballpark.

As adults, we have a responsibility to protect our young people from any abusive and damaging behaviour and to provide them with a safe environment in which to develop their skills and build their self-confidence.

#### Be Good or Be Gone Policy

The city of Kitchener has implemented a <u>BEHAVIOUR MANAGEMENT POLICY</u> (June, 1999) to encourage appropriate behaviour and activities in all Parks and Recreation Facilities. Behaviour and activities that obstruct or hinder the rights of others to use and enjoy Parks and Recreation Department Facilities is unacceptable and prohibited.

Inappropriate Behaviour at a Forest Hill T-Ball game includes:

- Creating a disturbance—verbal or reacting in a manner that undermines the decision and authority of a coach, or others.
- Shouting any demeaning, rude or abusive comments at a player, coach or another parent.
- Intimidating or threatening a player, coach or another parent
- Using profanity / obscene language directed at a player, coach or another parent
- Harassing a coach over his/her calls behind the plate or on the bases
- Engaging in verbal or physical conflicts with other parents or fans.
- Littering or causing unsanitary conditions.

#### **Enforcement Steps:**

- The offending party will be told by a FHTBA Official (a member of the executive or a coach of the teams involved) that their behaviour is not acceptable and they will be asked to stop the behaviour.
- 2. If the party does not stop with the unacceptable behaviour, they will be asked to leave the facility
- 3. If the party refuses to leave, the official will call the Police.

#### Consequences:

"anyone who commits inappropriate behaviour or activity under ARTICLE III Section ii, iii and iv **may** be ejected from the facility immediately and prohibited from returning to a program or event for a period of time"

The coaches on each team are responsible for the behaviour of the spectators associated with his / her team.

#### **TIPS for PARENTS**

- Make sure your child is committed to the team (games and practices)
- If your child cannot make a game call your coach ahead of time as they need to make up the lineups for the game before they arrive.
- Encourage your child to attend practices as they are essential in skills development
- Make sure your child is dressed properly (FHTBA Hat, Shirt & long pants)
- Arrive at the park at least 1/2 hr before game time for warm-up and also to get the games started on time.
- Stay and watch the game
- Offer to help the coaches with scoring, practices or sometimes coaching
- Be a supportive spectator and only make comments that support and encourage the players. Never ridicule young players who make mistakes.
- Do <u>NOT</u> ask the coach to drive your child to a game or practice—The City
  of Kitchener Insurance Policy does not cover coaches under these
  circumstances. Arrange car-pooling with the other parents on the team.
- If you have any concerns, talk to your coach <u>after</u> the practice or game.
- Insist that your child stays on the bench not in the spectator area
- Take an opportunity to thank the coaching staff of the team—they put a lot of volunteer hours into running the team on and off the field.

#### **GENERAL INFORMATION**

**Priority of Rules** 

The Forest Hill T – Ball Association has adopted these rules to maintain an appropriate balance between flexibility and consistency.

The official rules of baseball published by the Ontario Baseball Association (OBA) apply whenever the association or league rules do not override them.

The association secretary is responsible for maintaining a copy of these rules.

#### **PURPOSE**

These rules are designed to avoid confusion and to guide coaches, players and parents to ensure fairness and equality during games.

It is still the responsibility of all parties involved to demonstrate good sportsmanship conduct in line with the association's objectives of developing player's skills in a fun and learning environment.

#### **GENERAL CONDUCT**

Teams should be at their diamonds ½ hour before the scheduled game start time.

The use of tobacco or alcohol on the field or benches is PROHIBITED.

#### **GAME CONDUCT AND ASSOCIATION RULES**

The game begins at the designated start time when the coaches declares play ball (a 5 minute grace period is allowed if there are insufficient players to start). Both coaches should discuss if a game should be canceled due to in climate weather. The safety of the players must take priority and no game can continue if lightning is observed.

The home team prepares the field for the game (tee, bases, lines, etc.).

A complete game consists of 5 innings or 2 hours for Junior, Intermediate. Time begins when the first ball is batted, no new inning shall start after one hour and forty five minutes.

At least 3 complete innings must be played for the game to count for standings in the case of a rain out.

#### FAIR PLAY

There are no sitting players, all players play the game.

Coaches must rotate players between the infield and outfield to allow development. Each player must play two innings on an infield position per game except where the player's safety is an issue.

#### **PLAYING FIELD SETUP**

Distance between bases: Junior 50 feet

Intermediate 55 feet Senior 60 feet

The encroachment line is an imaginary line around home plate: at a 6 foot radius around home plate extending from first and third foul lines to the backstop. (See Diamond Dimensions diagram.)

The dead ball line is an imaginary line between first and third base.

The pitcher's mound is located on the dead ball line between home and second base.

Out of Play is determined by imaginary lines drawn out from the corner of the backstop or players' benches. (Determined by coaches before beginning of game.)

The batter's box is 3 feet wide by 6 feet long (3 feet from the middle of the plate, see Diamond Dimensions diagram.)

On full size diamonds, the coaches must determine where the outfield starts before the game begins (generally 60' radius around pitcher's mound.

Home teams supply the bases and game ball.

#### **UNIFORMS / EQUIPMENT**

All players must wear a league cap and shirt. No jewelry can be worn with the exception of Medical Alert necklaces and/or bracelets. No metal cleats are allowed. It is mandatory that long pants be worn. NO SHORTS.

Pitchers must wear face guard helmets.

The catcher must wear full protective gear (mask, chest protector and shin guards).

All players that are either on deck, batting or running the bases must wear a helmet with the chinstrap fastened before play can start.

All players must use a suitable ball glove.

Glove and bat size rules are modified from baseball rules to be reasonable in the circumstances, so as not to give either team an unfair advantage, as determined by the coaches.

#### **SCORING**

No scores will be kept for Junior and Intermediate T-Ball because all games end in a tie. Scores will be kept for senior T-Ball.

Score should be verified after every half of the inning by either the scorekeeper or coaches, this is the time to correct mistakes that may have been made by either scorekeeper. If the scores have not been verified after each half of the innings and there is a discrepancy, then the home teams score will stand.

#### **DEFENSIVE RULES**

There are 11 defensive positions – 6 infielders and 5 outfielders.

A team must have a minimum of 8 players or the game will be forfeited.

Pitcher must keep both feet on the mound until the ball is put into play. The pitcher may assist the catcher and is the only player other than the catcher able to cross the encroachment line on last batter.

The catcher will stand at the screen on the opposite side from the batter until the ball is batted. The catcher is the only player who can stop the play on last batter by gaining possession of the ball and stepping on home plate

The infielders must be on the infield, positioned behind the dead ball line until the ball is put into play.

Outfielders must maintain both feet in the outfield until the ball is hit.

Players may not change defensive positions after they have taken the field and the first batter is in the batter's box, except due to injury, illness or player safety. No player may play more than one inning more than any other player except due to injury, illness or lateness.

Overthrows – If the defensive team throws the ball over the out of play lines, time will be called. Base runners will be awarded the base they are going to plus one at the time the ball went out of play.

Defensive Interference — If in the opinion of the coach, a defensive player prevents a runner from reaching base safely, then the runner will be awarded the base they were prevented from reaching.

Infield fly rule does not apply.

A defensive coach may not touch a player when play is in progress. That is, they may not push, pull or otherwise physically direct a defensive player towards a ball after the offensive team has hit it. The ball is considered dead when this occurs. The team will also be warned and on a second infraction, that team will also no longer be allowed to position a coach in the outfield.

#### **COACHES IN PLAYING FIELD**

You must still observe the no contact rule in regards to the players.

Jr./Inter. A maximum of 2 coaches are permitted on the playing field behind

the base line to assist the players until the first of June after this time no coaches are permitted on the playing field. You are to use the first half to teach the players the proper fielding positions.

Senior Coaches are not permitted on the playing field after the game has

begun. You must coach from the sidelines

#### **OFFENSIVE RULES**

All players bat. If a player shows up late to a game he / she will be added to the bottom of the batting order.

You cannot have the same batter bat last every inning except when you have 9 players or less.

For Senior T-Ball batting line-ups are to be exchanged before each game with the designated score keepers.

<u>Batter's Box</u> – The batter must stay in the batter's box while hitting the ball. The coach should ensure the batter is in the box before the ball is put in play.

Thrown Bat - If any player throws the bat in an unsafe manner, a team warning

will be issued on the first offense. All other incidences of a thrown bat will result in an "out". The batter will be called "out", and all base runners will return to the bases they occupied before the offense occurred.

<u>Dead Ball</u> - If the player hits many dead balls during the course of their at bat, then the coach may declare that the next hit ball will be in play regardless of the distance that the ball traveled. The coaches must ensure that both teams and the batter are aware that the next hit ball is in play.

Junior and Intermediate players may take as many swings as necessary in order to put the ball into play.

<u>Play Ball</u> – The home plate coach will place the batting tee on the plate, and call "play ball" in such a manner that all defensive players may hear. If the batter puts the ball in play before the coach has called "play ball" the hit is called dead.

<u>Batting Orders</u> – The proper batting order must be followed in each inning. In the event a team bats out of order, it is up to the other team to notify the coaches after the batter reaches base and time is called. The proper batter is out, all base runners must return to the base they occupied before the infraction and the next batter is up.

<u>Lead Offs</u> – All runners must keep one foot on the base until the ball is hit. If a lead off occurs the play is allowed to continue. When time is called, all outs made on the play will stand and all runners will return to the base they occupied before the infraction. The batter, if not out, will return to bat with the same count as before the lead off. If a lead off occurs on last batter, the play will continue and the runner(s) who lead off will not be allowed to score.

<u>Base Running Outs</u> – The runner will be called out if a defensive player with control of the ball tags them. The tag must be made with the hand or glove containing the ball. The player is forced out; a defensive player with control of the ball touches the bag the runner must reach first. The runner runs drastically off the base path in an attempt to avoid being tagged.

Junior and Intermediate players are never called out. Intermediate players can play with base running outs if the coaches of both teams agree before the start of the game.

<u>Hit By A Batted Ball</u> – If a base runner is hit directly by a batted ball, and no fielding player has made an attempt on the ball, time will be called. The base runner will be out and all other base runners will be returned to the base they occupied before the infraction.

Dead Hit – A ball hit without sufficient force to cross the dead ball line or hit such

a way to disadvantage the infielders (such as half swings or chopping down the ball) is a dead ball. The coach will call a "dead ball", if a dead ball is caught in the air by a fielder the batter is out. All runners will return to the base they occupied before the infraction.

No bunting, chopping or half swings are allowed which place the defensive team at an unfair disadvantage.

Base coaches may not touch a player when play is in progress. That is, they may not push, pull or otherwise physically direct an offensive player towards a base when play is active. The offensive team will be warned on the first infraction. On the second and subsequent infractions, the runner will be called out and play will continue its normal course (that is, the defensive team can attempt to get additional outs).

#### LAST BATTER

<u>Objective</u> – The objective of the last batter is to hit and drive all remaining base runners home including themselves, before the defensive team can retrieve the ball, throw it to the catcher who steps on home plate stopping all further play.

Announcing Last Batter -The offensive team must inform the other coach that the last batter is coming to the plate. The coach must announce last batter in such a way that all participants can hear. Failure to properly inform the defensive team of last batter status will result in a dead hit and the play will be done over.

<u>Legal Runners</u> – If a base runner leads off on last batter, the play will continue but the runner that lead off will be considered an illegal runner and will not be counted in the score. If a fly ball is caught all base runners must tag up by touching the base they occupied when play ball was called. Any runner not tagging will be called illegal and will not count in the score.

<u>Encroachment</u> – Any defensive player other than the catcher or the pitcher that crosses the encroachment lines before time is called on last batter, will be called for encroachment. If encroachment occurs, the play is allowed to continue until time is called. All legal runners will score.

<u>Defensive Play</u> – The defensive team must retrieve the batted ball and throw it to the catcher at home plate who will stop play by gaining control of the ball and stepping on home plate. If the defensive team retrieves the ball on the outfield side of the dead ball line, they must attempt to throw the ball back across the line to home plate. The throw may be made on the ground, underhand or overhand. If the infielder retrieves the ball inside the dead ball line they may make a throw from that spot. (They cannot cross the encroachment line.)

<u>Stopping Play and Outs</u> – Outs and play stoppage can only be completed by having the catcher control the ball and stepping on home plate. The pitcher may assist by backing up the catcher. If the pitcher gets the ball, he or she must pass it on by throwing or handing the ball to the catcher. No play or outs will be permitted on the base runners.

<u>Out of play</u> – On last batter the out of play lines will remain in effect. If the ball goes out of play on last batter, time is called, and all legal runners (see 5.4) will score. If the ball goes out of play by rolling underneath the backstop, then time is called and all legal runners (see 5.4) will score, except the last batter.

<u>Defensive Interference</u> – both coaches should review any defensive interference on the base runner. If, in their opinion, the runner would have scored in the absence of interference, then a run will be awarded.

Forest Hill T-Ball (Junior, Intermediate and Senior) Rules – Rev. 2014

# 10 Commandments For Parents

## T-Ball is a very good thing because it keeps the parents off the streets

- 1. I shall not criticize the umpire unless I am ready to assume his duties
- 2. I shall not complain about anyone unless I have labored more hours on the T-Ball program
- 3. I shall not be a "Grand Stand" Manager
- 4. I shall encourage my child to follow the T-Ball Pledge
- 5. I shall remember that only 10 players can play at one time
- 6. I shall set an example of sportsmanship for my child to follow
- 7. I shall not be critical unless I am willing to put out the necessary effort to correct my criticism
- 8. I shall encourage my child to follow the T-Ball Pledge
- 9. I shall remember that all managers, coaches and league directors are volunteer workers and cannot work on the T-Ball program full time
- 10. I shall offer my services for work whenever possible